The 4C's Map

Category
Agile Processes

Purpose
The 4Cs map is a 4-step instructional design and delivery model for creating training plans for a topic you want to teach. This framework can be adapted slightly to help you create a plan for topics you want to learn.

Description

Framework name:	**4C's INSTRUCTIONAL DESIGN**
Participants:	Individuals seeking to learn new concepts and skills
Framework goal:	Promote accelerated learning in a self-directed manner that emphasizes practical application of new concepts and skills.
Framework guidelines:	- Connection: Reflect on your overall learning journey goals, progress to date and which goals you want to achieve next. - Concept: Target specific techniques or skills that can help you achieve your learning journey goals. - Concrete Practice: Once you've learned a new concept or technique, identify ways that you put it to use. - Conclusion: Perform introspection on what you learned, how you learned it, how you can improve your learning in the future and any additional concepts that need to be added to your learning journey.
Boundaries provided:	Break down actions such that they are specific and small enough to be completed within a month or less
Resources used:	Tool to document actions, start/end dates, and learnings
Actionable outcome(s):	Backlog of personal improvements

Source:
The 4Cs Map is a framework developed by [Sharon Bowman](#).